



IRVINGTON
UNION FREE SCHOOL DISTRICT

WHEN TO KEEP A CHILD HOME WITH ILLNESS IN COVID TIMES

It can be hard to know when to send children to school, if they tell you that they do not feel well. Usually, the best place for your child is in school. There are some times when keeping your child home to rest or call for an appointment with your health care provider is recommended.

COVID-19 related symptoms that will require a medical evaluation and COVID-19 testing, even if your child is experiencing just one of the following symptoms:

- Fever greater than 100.0 and/or chills
- Cough that is persistent
- Shortness of breath or difficulty in breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea, vomiting and/or diarrhea

This list does not include all possible COVID-19 symptoms. Children and adolescents with the virus that causes COVID-19 may experience any, all, or none of these symptoms.

If your child has a fever, please do not give medicine such as Tylenol or Advil and send them to school. Should the fever return when the medicine wears off, you will be called to pick-up your child.

Please keep your child home until fever free for 24 hours (less than 100.0 without the use of medicine), improvement in symptoms, and if prescribed by your healthcare provider, your child has received the appropriate treatment.

Testing: All students will need to provide a negative COVID-19 test after any illness with symptoms suggestive of a COVID-19 infection. The IUFSD is only accepting **NAAT** tests, for example: PCR or rapid molecular tests. At this time the District is not accepting rapid antigen tests.

Remind children to wash hands often with soap and water, throw away used tissues, cover their mouths when they cough or sneeze, and keep their hands away from their face. These measures will help keep everyone healthier. Please call us with any concerns or questions.

Bernadette Fleming, RN
Dows Lane Elementary
P:914-269-5150, F:914-591-6863

Yvonne Halee, RN
Irvington Middle School
P:914-269-5350, F:914-591-2643

Virginia Diamond, RN
Main Street School
P:914-269-5250, F:914-591-3099

Elizabeth Basha, RN
Irvington High School
P:914-591-5450, F:914-591-1956